

# PENALTY SUMMARY

## Distance Penalties

### Loss of Five Yards

Each time out in each half being in excess of three unless notified or unless a fourth time out for injured player as specified (see charged time out penalties).....	4-5-4
<b>Delay of game, i.e.</b>	
exceeding 40/20 seconds in putting ball in play.....	4-6-1
repeatedly snapping ball before Referee can assume normal position.....	4-6-5
runner remaining on ball or opponent remaining on runner to consume time.....	4-6-5
undue delay in assembling after a time out.....	4-6-5
defensive abrupt non-football movements.....	4-6-5
spiking or throwing the ball in the field of play.....	4-6-5
taking the ball from a downed runner causing delay.....	4-6-5
<b>Illegal substitution, i.e.</b>	
Substitute entering during play, withdrawn player on field at snap or free kick (unless interference) or withdrawing on opponent's side or across endline.....	5-2-8
Illegal kick at free kick (ball remains dead and replay).....	6-1-1
<b>Violation of free kick formation (includes kickoff), i.e.</b>	
kickers failing to be behind ball or inbounds (except placekick holder).....	6-1-3
receivers failing to be inbounds or behind their free kick line.....	6-1-3
Making short free kick.....	6-2-5
illegally touching free kick (a) before it goes 10 yards or (b) after being out of bounds.....	6-2-4
kicking free kick out of bounds between goal lines unless Team B last touches.....	6-2-3
<b>Illegal position of Team A players at the snap, i.e.,</b>	
having fewer than seven players on line.....	7-5-1
Having player neither on nor one yard behind his line unless man under center.....	7-5-1
Illegally lining up over center.....	7-5-2
Player entering neutral zone contacts opponent, causes him to charge or be offside (encroaching) or repeatedly entering it after warning (when not otherwise encroaching).....	7-4-3
Being offside at snap.....	7-4-5
Neutral zone infraction.....	7-4-4
Player not reporting change in eligibility.....	5-3-1
<b>Illegal motion by Team A at snap, i.e.</b>	
player not being stationary (except) one only in motion clearly backwards.....	7-4-7
Single player not moving clearly backward at snap.....	7-4-7
Pausing less than one second after a shift.....	7-4-8
Being out of bounds at snap.....	7-5-1
Not snapping ball when prescribed.....	7-6-3
<b>Illegally snapping ball i.e.,</b>	
failing to make backward pass.....	7-6-3
Failing to place ball on ground as specified.....	7-6-3
Failing to give impulse by continuous motion or sliding hands along ball before snap.....	7-6-3
Snapper restrictions.....	7-6-3
False start.....	7-4-2
Snap going to receiver on line.....	7-6-4
Making forward pass in field of play not from Scrimmage.....	8-1-2
Making forward pass beyond line of scrimmage (also loss of down).....	8-1-2
Second forward pass.....	8-1-2
Players forming illegal wedge.....	6-1-3
Pass after ball crossed line of scrimmage and returned.....	8-1-2
Illegal touch of forward pass.....	8-1-8
Ineligible player downfield on pass.....	8-3-1
Illegal Forward Handling.....	8-7-4
Ineligible player downfield on kick.....	9-1-2
Kicking team player voluntarily out of bounds during a punt.....	9-1-4
Making invalid fair catch signal.....	10-1-2

### Illegal use of hands or arms by defense, i.e.

to hold an opponent who is not the runner other than to ward off an opponent, to push or pull him, to get a runner or ball or to block.. off an opponent, to push or pull him, to get a runner or ball or to block.....	12-1-2
Running into kicker behind his line (not roughing).....	12-2-6

### Loss of Ten Yards

Pass interference by Team A.....	8-5-4
Tripping, holding, illegal use of hands, arms or body on offense.....	12-1-5
Assisting runner.....	12-1-5
Batting or punching ball, when loose (unless a pass), towards opponents' goal line or in any direction if in end zone.....	12-1-8
Illegally kicking ball.....	12-1-9

### Loss of Fifteen Yards

Not being able to start each half on scheduled time.....	4-2-1
Interfering with fair catch (and catch awarded).....	10-1-1
Tackling or blocking maker of a fair catch or avoidable running into.....	10-2-3
Head Slap.....	12-2-2
Striking, kneeling and kicking (also disqualification).....	12-2-1
Striking opponent below shoulders with forearm or elbow by turning or pivoting.....	12-2-4
Twisting, turning or pulling of opponent's facemask.....	12-2-5
Blocking below waist on kicks and change of possession.....	12-2-14
Roughing the kicker.....	12-2-6
Falling on or piling on a prostrate player.....	12-2-7
<b>Unnecessary roughness (also disqualification when flagrant), i.e.</b>	
striking an opponent above knee with foot or shin.....	12-2-8
tackling runner who is out of bounds.....	12-2-8
running into, throwing body against a player obviously out of the play or after the ball is dead.....	12-2-8
running into from behind or dropping body across back of legs of opponent who is not the runner (clipping).....	12-2-9
illegal crackback.....	12-2-11
peel-back block.....	12-2-12
blindside block.....	12-2-9
roughing the passer.....	12-2-13
Chop block.....	12-2-16
Illegal block after fair catch signal.....	10-2-2
<b>Unsportsmanlike conduct by players (also disqualification when flagrant), i.e.</b>	
using abusive or insulting language or gestures to players or officials or continuing acts.....	12-3-1-b
taunting.....	12-3-1
player pushing, shoving, or laying hand on official.....	12-3-1 (Note 1)
attempting to disconcert Team A at snap by words or signals.....	12-3-1-i
concealing the ball under clothing or substituting article for ball.....	12-3-1
lingering.....	12-3-1-k
leverage.....	o,p and q
repeatedly violating substitution rule in attempt to conserve time.....	5-2-2 and 12-3-1-m
violating 23-second rule more than twice (same down) after a warning.....	12-3-1-n
leaping to attempt to block a field goal or point after touchdown unless the player was lined up on the line of scrimmage when the ball was snapped.....	12-3-1-r
a punter, placekicker or holder who simulates being roughed or run into by a defensive player.....	12-3-1-t

**Illegal conduct by non-players (also exclusion for flagrant violations), i.e.**

player on field communicating other than to coach in prescribed area.....	13-1-1
team representatives using unsportsmanlike conduct during game or between halves or sitting on bench when not qualified.....	13-1-1
non-players going on field without permission (other than team attendants during a team time out).....	13-1-2
non-players moving along boundary lines (unless substitute warming up or coach in prescribed area).....	13-1-5

**Loss of Half Distance to Goal Line**

Pass interference by Team B in its end zone and previous spot is inside its 2-yard line.....	8-5-4
Distance penalty enforced from a spot between goal lines carrying ball more than half the distance to either goal line.....	14-2-1

**Ball placed on 1-Yard Line**

Pass interference by Team B in its end zone and previous spot is outside its 2-yard line.....	8-5-4
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**Withdrawal Penalties**

Excess time out.....	4-5-4
Player being disqualified, suspended (illegal equipment), or replaced.....	5-4-1
Illegal return (loss of five also).....	5-2-8

**Disqualification Penalties**

Disqualification always occurs in combination with a 15-yard penalty. Exceptions to distance penalties:

Both teams committing disqualifying fouls (double foul).....	14-3-1
Distance being declined.....	14-6

**Loss of 15 yards**

Flagrant striking, kicking, or kneeling an opponent or striking him on head or neck with heel, back or side of hand wrist, elbow, or forearm.....	12-2-1
Flagrant roughing of kicker.....	12-2-6
Flagrant roughing of passer.....	12-2-13
Flagrant unsportsmanlike conduct by players.....	12-3-1
Player using a helmet as a weapon.....	12-2-15
Disqualified player returning (exclusion from field enclosure).....	5-2-7
Suspended player illegally returning.....	5-2-7

**Loss of Ball Penalties**

Ball being behind necessary line at end of fourth down.....	7-1-1
Kickers first touching kick (not a free kick in field of play).....	9-2-2
Interfering with fair catch (also fair catch allowed).....	10-1-1

**Disqualification for Entire Game**

Repeat violation by player wearing or displaying illegal equipment.....	5-4-9
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**Charged Time Out Penalties**

Taking time out for injured player during last two minutes of either half (withdrawal only when fourth time out – also loss of five when fifth or more).....	4-5-4
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**Time Penalty**

Actions to conserve time.....	4-7-1
Fouling by defense, illegal touching or fair-catch interfering by offense or fouling by both teams at end of half during play in which time expires (extend quarter).....	4-8-2

**Replay Penalties**

Team B fouling on Try which fails.....	11-3-3
Committing double foul unless dead-ball fouls by both teams after ball is dead, the one only disqualifying foul is by Team B.....	14-1-8 and 9; 14-3-1; and 14-3-2

**Scoring Penalties**

**Try Awarded**

Team B committing a foul during a Try which would ordinarily result in a safety.....	11-3-3
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**Score Awarded**

Repeated fouling by defense to prevent score.....	12-3-2
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**Touchdown Awarded**

Committing palpably unfair act which deprives opponent of a touchdown.....	12-3-3 and 13-1-7
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**Safety**

Offense fouling anywhere, and spot of enforcement is behind its own goal line.....	11-5-1 and 14-1-11
Intentional grounding in own end zone.....	8-2-1
Making a forward pass (not from scrimmage) from within passer's end zone.....	8-1-2 and 14-1-11

**Score Not Allowed**

Offending team scores after foul during down in which time expires for half (also no extension of time).....	4-8-2
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**Unsuccessful Try**

Team A committing foul during a Try which would ordinarily result:	
in loss of down or in a touchback.....	11-3-2
in loss of ball in field of play (not during a kick).....	11-3-2
Team B recovering ball.....	11-3-2

**New Series Penalties**

Team B committing a foul during play from scrimmage giving Team A first down irrespective of distance penalty.....	14-8-5
<b>Team B committing a foul not giving Team A first down unless enforcement places ball in advance of necessary line, i.e.,</b>	
excess time out.....	4-5-4
delay of game.....	6-6-1
illegal substitution.....	5-2-8
illegal equipment (suspension).....	5-4-9
encroaching on neutral zone or being offside.....	7-2-3
Team B touching snapper or ball.....	7-4-3
Team B interfering in field of play with a pass from behind line (distance penalty in addition when personal foul).....	8-5-1 and 12-2-1

## Combination Penalties

### Loss of Down and Five

Making a forward pass from scrimmage from beyond the line..... 8-1-2

### Loss of Down and Ten

Intentionally grounds pass (from behind line)..... 8-2-1

### Loss of ball and Fifteen

Interfering with a possible fair catch in field of play (also fair catch)..... 10-1-1

### Touchback

Kickers illegally touching kick (not free kick) in receiver's end zone..... 9-2-3

Fair-catch interfering or running into maker of in receiver's end zone..... 10-1-1

### Score, Distance or Disqualification

Referee makes equitable ruling:..... 15-2-1

player committing palpably unfair act..... 12-3-3

non-player committing palpably unfair act..... 13-1-7

## Miscellaneous Situations

### Safety

Ball in possession of team behind or out of bounds behind own goal line and impetus which sent it in touch came from:  
Player of that team – Safety..... 11-5-1

### Kickoff Out of Bounds Between Goal Lines

Receiver's ball at inbounds spot when last touched by them..... 6-2-3

Receiver's ball 30 yards from previous spot..... 6-2-3

### Ball Remains Dead

Actions which delay game..... 4-6-1

Snapping before Officials assume normal position..... 4-6-1

### Ball Dead Immediately

Committing acts designed to consume time..... 4-7-1

Kickers recovering free kick..... 6-1-4

Kickers advancing after recovery of a scrimmage kick unless behind line other than a Try-kick ..... 9-3-2

Any kick touching receiver's goal post or cross bar unless scoring field goal ..... 6-1-5; 9-4-2; and 11-6-2

Official sounding whistle (even when accidental)..... 7-2-1

Any receiver catching after fair-catch signal unless touched in flight by kickers..... 10-2-3

### Penalty Enforced From Goal Line

Defense fouling and spot of enforcement is behind goal line of offense..... 14-1-11

Runner crosses opponent's goal line and spot of enforcing foul by teammate during run is behind defense goal line..... 14-1-12

## Penalty Enforced on Next Free Kick

A team scoring and opponents commit a personal or unsportsmanlike conduct foul or a palpably unfair act, during down..... 14-1-14