



National Football League

January 29, 2016

2015 Injury Data

Data collection and analytics are provided by Quintiles Injury Surveillance and Analytics (ISA).

Incidence of Concussion – 2012-2015

Year	Preseason			Regular Season			Preseason + Regular Season		
	Practice	Game	Total	Practice	Game	Total	Practice	Game	Total
2012	42	43	85	3	173	176	45	216	261
2013	39	38	77	4	148	152	43	186	229
2014	42	41	83	8	115	123	50	156	206
2015	29	52	81	8	182	190	37	234	271



Concussions by Impact Source – Regular Season, 2012-2015

Impact Source for Helmet	Regular Season Games			
	2012	2013	2014	2015
Another Helmet	91	72	58	92
Shoulder	25	11	7	23
Forearm/Elbow	4	4	7	1
Thigh	9	3	0	2
Knee	13	15	15	12
Foot	2	0	2	6
Body, location unknown	1	3	2	4
Playing Surface	15	25	16	29
AT selected 'unknown'	9	10	6	13
AT did not select a source	4	5	2	0
Total	173	148	115	182



Incidence of ACL Sprains – 2012-2015

Year	Preseason			Regular Season			Preseason + Regular Season		
	Practice	Game	Total	Practice	Game	Total	Practice	Game	Total
2012	13	16	29	5	29	34	18	45	63
2013	15	11	26	3	33	36	18	44	62
2014	12	10	22	0	27	27	12	37	49
2015	12	15	27	5	24	29	17	39	56



Incidence of MCL Sprains – 2012-2015

Year	Preseason			Regular Season			Preseason + Regular Season		
	Practice	Game	Total	Practice	Game	Total	Practice	Game	Total
2012	19	26	45	9	78	87	28	104	132
2013	20	26	46	4	86	90	24	112	136
2014	16	22	38	3	98	101	19	120	139
2015	13	41	54	6	110	116	19	151	170

*Data restricted to injuries that resulted in missed time.



Injuries Occurring During Games by Day of Game – Regular Season, 2012-2015

